



The Safe Sitter® curriculum is designed exclusively for young teens in grades 6 – 8, and covers the following areas: safety skills, child care skills, first aid & rescue skills, and life & business skills. Safe Sitter® courses are instructor-led and interactive, with hands-on demonstrations and skills practice using soft-bodied dolls and medical manikins.

Is Your Child Ready to Babysit?

A Checklist to Help You Decide

Age isn't what determines whether your child can handle the responsibility of babysitting—her stage of development does. Use this checklist to determine if your child is ready to babysit, or if a babysitting course like Safe Sitter® would help prepare her.



SAFETY SKILLS

- ☐ Does my child know what to do to keep herself and younger children safe?
- ☐ Does my child know how to handle common household emergencies, such as weather warnings or power outages?
- ☐ Would my child feel comfortable at someone else's home alone after dark with no adults present?



CHILD CARE SKILLS

- ☐ Does my child enjoy being around younger children?
- ☐ Does my child have the patience and maturity to stay in control of herself during challenging situations, such as handling a toddler who is throwing a tantrum?



FIRST AID & RESCUE SKILLS

- ☐ Does my child understand the responsibilities of caring for younger children, including handling illnesses or injuries?
- ☐ Does my child know how to rescue a choking child?
- ☐ Is my child able to handle a life-threatening emergency (i.e. know when and how to call 9-1-1)?



LIFE & BUSINESS SKILLS

- ☐ Is my child able to listen to and follow instructions?
- ☐ Is my child comfortable talking to adults?
- ☐ Is my child able to advocate for herself?
- ☐ Does my child know her own limits, and will she call for help if needed?

safesitter.org | 317.596.5001



Register for the November 2021 class with our NEW online registration system: ETrak (visit our website at www.colliervilletn.gov (click link to go to Etrak) and then login if you already have an account (you will have to reset your password). If you do not have an account create an account then proceed to register for program. Questions call 901-457-2769 or email Lisa Gaither at lgaither@colliervilletn.gov

Workshop date: Saturday, November 6, 2021

Time: 9 a.m. – 3 p.m.

Location: Linda Kerley Center (Poplar Ave/Peterson Lake)

Ages: Boys and Girls 11+

Fee: \$95.00 (min 12/max 20)

Students need to bring to class the following items: Baby doll, small blanket, notebook, pen/pencil, sack lunch with drink/snack. [Register by October 21st](#) – supplies per student have to be ordered/shipped for the workshop.

